March 16, 2020

To Whom it May Concern,

Re: Guidance for Providing Patient Care by Electronic Means During a Crisis:

During this extraordinary situation as New Mexico addresses the COVID-19 pandemic, the New Mexico Medical Board supports the use of extraordinary means to provide expanded care options.

To that end we are issuing guidance on the use of electronic means to provide appropriate care.

Therefore, the use of electronic means (internet, email, texting, telephone) to assess and provide responsible care to any patient in New Mexico during the COVID-19 Emergency as declared by Governor Lujan-Grisham, will not be considered unethical nor a violation of New Mexico Medical Board rules.

Prescribing of controlled substances must be medically appropriate, well-documented and continue to conform to the New Mexico Medical Board pain rules.

This guidance will remain in place until the emergency declaration is lifted by the governor or at the election of the board.

Sincerely,

Steve Jenkusky, M.D.
Chair, New Mexico Medical Board